

In Home Activity Plans

Week 27 September 13-19

Send me an email at Kristine.leonard@bethesdal.org if you would like a party box sent to your home.

Fun Fall Recipes

1. Sarah's Applesauce

Prep: 10 minutes

Cook: 20 minutes

Ready in: 30 minutes

Ingredients

- 4 apples - peeled, cored and chopped
- 3/4 cup water
- 1/4 cup white sugar
- 1/2 teaspoon ground cinnamon

Directions

1. In a saucepan, combine apples, water, sugar, and cinnamon. Cover, and cook over medium heat for 15 to 20 minutes, or until apples are soft.
2. Puree the mixture in a food processor, blender or food mill. If not using right away, leave to cool and then refrigerate.

2. Pumpkin Pancakes <https://bellyfull.net/pumpkin-pancakes/>
3. The Best Pumpkin Bread <https://www.julieseatsandtreats.com/pumpkin-bread/>
4. Apple Brickle Dip <https://www.julieseatsandtreats.com/apple-brickle-dip/>
5. Apple Monkey Bread <https://www.julieseatsandtreats.com/caramel-apple-monkey-bread/>

Fall Crafts

1. Toilet Paper Pumpkins <https://www.instrupix.com/diy-easy-toilet-paper-pumpkins-craft/>
2. Autumn Tree Painting with cotton balls <https://www.projectswithkids.com/autumn-tree-painting-cotton-balls/>
3. Mess Free Sensory Autumn Leaf Painting <https://kidscraftroom.com/mess-free-sensory-autumn-leaf-painting/>
4. Mason Jar Lid Lighted Pumpkins <https://www.craftymorning.com/mason-jar-lid-lighted-pumpkins/>
5. Fall Coffee Filter Crafts <https://www.craftymorning.com/fallhalloween-coffee-filter-crafts-for-kids/>

15 + Fall Party Games

<https://www.playpartyplan.com/fall-minute-to-win-it-party-games-and/>

There are enough games for every day!

PoV activities

PoV are ones that work towards doing activities in the community.

This site has lots of various ones to watch and review.

<https://www.youtube.com/c/SpedTransitionTools/videos>

Exercises

1. 1 mile walk Disco Boogie to ABBA <https://www.youtube.com/watch?v=4wAzRW2LCus&t=35s>
2. Power Walk to the 60's <https://www.youtube.com/watch?v=SpapfGASPsU>
3. Power Walk to the 80's <https://www.youtube.com/watch?v=7IMJX5D1gk>
4. Power Walk to the 2000's <https://www.youtube.com/watch?v=1T0aC2dK0RI>
5. Power Walk to the Beatles <https://www.youtube.com/watch?v=JSf5rKWpDOg>