

IN-HOME DAY PROGRAMMING CALENDAR

Instructions: Using the resources listed below, complete one calendar for **each** person supported by writing in the completed activities.

*See attached resources for recipes and project instructions

Day of Week	Monday	Tuesday	Wednesday	Thursday	Friday
Date					
Activity 1:					
Activity 2:					
Activity 3:					
Activity 4:					

Activity Options:

Best Disco Movies	Saturday Night Fever	Airplane	The Wiz	Fame	Roller Boogies
Disco Workouts	Dance X Disco Workout	Disco Funk 1	1 mile easy disco walking	Disco Boogie 1 mile	Stayin Alive Disco Chair Yoga
Fun Activities	Disco Ball Pinata Disco Ball Slime	Microphone Cake Pops	Disco Balls	Disco Fries	Make your own microphones
Science Experiments	Shaving Cream Rain Clouds	Growing Gummy Bears	Walking Rainbows	Rock Candy Experiment	Making Pennies turn green
Fun Quarantine Activities	Reading books	Completing puzzles	Board games	Learning to cook	Mini spa day
Tv Shows	from the disco era	find them	and watch	a few	of them