

My Outdoor Sensory Scavenger Hunt

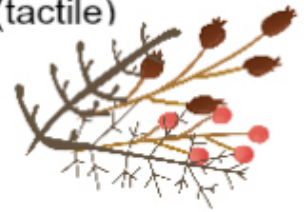
CHAOS AND CLUTTER



Smell a flower or leaf (olfactory)



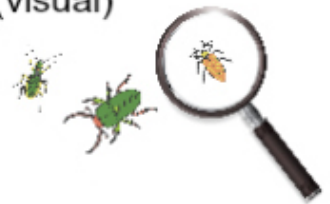
Collect sticks (tactile)



Roll down a hill or spin around (vestibular)



Observe bugs (visual)



Listen to a bird chirp or the sound of the wind (auditory)



Try to whistle through a blade of grass (gustatory)



Balance on a log (vestibular)



Find shapes in clouds (visual)



Walk like a bear (proprioception)



Find something hot and something cold (interoception)