

IN-HOME DAY PROGRAMMING CALENDAR

Instructions: Using the resources listed below, complete one calendar for each person supported by writing in the completed activities.

*See attached resources for recipes and project instructions

Day of Week	Monday	Tuesday	Wednesday	Thursday	Friday
Date					
Activity 1:					
Activity 2:					
Activity 3:					
Activity 4:					
Activity Options:					
Father's Day gift ideas	Scribble mug	BBQ seasoning rub	Galaxy painting	No bake chocolate bars	Make a card for your dad
Mindfulness	Mindful breathing	Gratitude journals	Positive Affirmations	Go outside and breath	Relax in a tub
Coloring Pages	Pattern coloring pages	Larger coloring pages	Coloring by numbers	Disney Coloring pages	Sports Colring pages
Bingo Boost	Pick 3 cards	Pick 3 cards	Pick 3 cards	Pick 3 cards	Pick 3 cards
Virtual Fun	Six Flags over America	Kentucky Derby	Florida State Fair	Feeding of big cats	Mall of America
Dinner time games	Would you rather?	Tic-Tac-toe	Two truths and lie	10 things I love about	ABCs of gratitude
Christian music exercise	Christian Zumba	Faithful Workouts low impact	Christian Dance	Christian Music Yoga Flow	Happy Walk 1.0 mile