

In Home Activity Plans

Week 9

Arts and Crafts:

1. Coloring pages continue to create beautiful artwork and thank yous to give to staff and send to our first responders and others.

<https://www.crayola.com/free-coloring-pages/say-it-colorfully/?page=1&count=24>

2. Great coloring pages to say thank you to specific populations; scroll down the page and look at all the options

<https://compassionseries.com/amisafe/>

3. Today is going to be Awesome Coloring Page attached to these materials. Let's stay on the positive and hang these finished pictures for all to see

4. Make a bunch of paper poppies to brighten the dinner table, create them and put them in a vase

<https://designimprovised.com/2019/08/how-to-make-easy-paper-poppies.html>

5. The whole house can engage in making a beautiful wall hanging using colors of your choice

https://designimprovised.com/2018/04/ombre-paper-chain-wall-hanging.html?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_smartloop&utm_content=smartloop&utm_term=24357656

Staying Safe during Coronavirus

1. Really important to keep surfaces clean so watch this video on how to Wipe it Clean

https://www.youtube.com/watch?feature=youtu.be&v=wD-ePyKftI8&fbclid=IwAR1kntN3HVta9_XxHaRtdOwwCaP-hlu1S5ETIam7dblZ3t7zJS_cSiqBykk&app=desktop

2. My Safer at Home Plan (WI made but great for all states)

<https://www.youtube.com/watch?v=gJLk9pUs89U>

You can also fill out this Safer at Home plan

<https://wi-bpdd.org/wp-content/uploads/2020/04/My-Safer-at-Home-Plan.pdf>

3. Masks Keep Us Safe

<https://www.youtube.com/watch?v=ipvbNzK4nXc&t=7s>

Printable copy of the social story

https://qrcqcustomers.s3-eu-west-1.amazonaws.com/account4876975/6895100_1.pdf?0.32240845331508017

Social Emotional Activities

1. How to take deep breaths to calm the body and mind
<https://drive.google.com/file/d/1b2Sf3OL3ENRZSvdXYNIOobhfOkSzDN-8/view>
2. How to make glitter bottles
https://www.youtube.com/watch?v=xgPP0vsiGDg&feature=emb_title
3. How to make a stress ball
https://www.youtube.com/watch?v=Fz5iEBdJM84&feature=emb_title
4. Relieving Anxiety with GoNoodle
https://www.youtube.com/watch?v=N2iF7lCevkM&feature=emb_title
5. Be Kind to Yourself with GoNoodle
<https://www.youtube.com/watch?v=CEk9KvPXKEQ>

Virtual Experiences

1. Harley Davidson Museum: lots of amazing videos clips
<https://www.facebook.com/pg/hdmuseum/videos/>
2. Door County Maritime Museum: learn lots about various shipwrecks
<http://www.dcm.org/exhibits/shipwrecks-of-door-county-online/>
3. EAA Museum: learn about various aircrafts and see in the cockpits
<https://www.eaa.org/eaamuseum/cockpit-360-virtual-tour>
4. Virtual tour of how to make Jelly Belly jelly beans
<https://youtu.be/Vw1vyo8NyKs>
5. Explore Hawaii Volcanoes National Park
<https://artsandculture.withgoogle.com/en-us/national-parks-service/hawaii-volcanoes/nahuku-lava-tube-tour>

Leisure: Music and Dance

1. Dancing with John Day 2
<https://www.youtube.com/watch?v=kM9OpDmawAM>
2. Dancing with John Day 3
https://www.youtube.com/watch?v=kWQq7rc_BBQ
3. Dancing with John Day 4
<https://www.youtube.com/watch?v=2yxZldpkckI>
4. Dancing with John Day 5
https://www.youtube.com/watch?v=SpXtPpHz0_U
5. Dancing with John Day 6
<https://www.youtube.com/watch?v=YU9TkOibNWY>

Life Skills—Cooking

1. Oatmeal Apple Crisp recipe attached
2. Ice Cream Baggie recipe attached
3. English Muffin Pizzas recipe attached
4. Indoor Smores recipe attached
5. Strawberry Banana Smoothie recipe attached