

Salt & Light: Light Part 2

SBR 2020

Matthew 5:14-16 NIV

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on a stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

You are the Light of the World, Godspell cast <https://m.youtube.com/watch?v=XQhQuPiBmNU>

Salt and Light by Jami Smith <https://m.youtube.com/watch?v=cPq8NUR5kJO>

Salt and Light by Amy Grant <https://m.youtube.com/watch?v=57ycdiaW1gk>

Jesus said, “*You are the light of the world!*” You! He is talking to you!

- How does that make you feel? Does it make you feel special or does it load you down with added pressure? What does this phrase mean to you?

I don't think Jesus is pushing us to do more things, I think He is asking us to focus on our attitude. Jesus encourages us to shine—to show others His love through our words and actions. It reminds me of the best advice I've seen during this time of uncertainty: Be kind.

Be kind. Be the light in darkness. **Consider this: darkness never defeats the light.** And God our Father is the ultimate Light. We, as the light of the world, should reflect His light just as the moon reflects the light of the sun.

Be the Light Candle Holder—materials needed: a glass jar for each person, colored tissue paper, school glue (Pour the school glue into a container so it is easier to use for painting.), paint brushes, candle (real or battery operated)

- Tear pieces of tissue paper into pieces no larger than the size of an egg.
- Paint only 1/2 of the outside of the jar with the school glue so glue doesn't dry too quickly; add pieces of tissue paper on top of glue.
- Paint over jar and tissue paper again so the tissue paper is very wet with glue.
- Repeat the same on the other 1/2 of the jar.
- Let dry; add candle in middle and use as candle holder.



Have an 1812 Dinner: Turn off all electronics and lights and eat together by candlelight.

Meal could include: shepherds pie, stew, mashed potatoes, fish and chips, cooked veggies, tea or anything English you might enjoy to eat.

Follow up dinner with a game of cards or play “Shut the Box.”

Adaptation for Shut the Box— write the numbers 1-12 on separate index cards— 1 set of cards for each player. Take turns rolling a pair of dice. Turn over the number that is rolled by the dice or is the total of the dice. (If you roll a 3 and a 4, you can turn over a 3, 4, or 7.) If your card is turned over, you lose that turn. The winner is the first to turn over all their own cards.

