

At Home Quarantine BINGO

Make a bingo board for each member of the household

Cross off a square when you have done it throughout the week, whoever fills their whole board should get a special prize. You can always modify to have it be prizes by rows or diagonals. Your call! Enjoy!!!

B	I	N	G	O
Laundry-help sort laundry	Wellness-do a random act of kindness within your home for someone	Kitchen-put away the dishes	Vocational-sweep the kitchen floor	Kitchen-help wash the dishes
Vocational-dust 5 things in your home	Laundry- put items in the washer	Vocational-help vacuum one room	Kitchen- help make one meal	Vocational-help wash 3 windows
Relaxation-read a book or have a book read to you	Wellness- take a warm bath or shower	Relaxation-do something that relaxes you and share it with a friend	Wellness-Dance to some music	Vocational-Help make your bed
Kitchen- help set the table	Vocational-take out the garbage or recycling	Laundry- Help put the clothes in the dryer	Kitchen- use your best table manners at mealtime	Laundry- Fold the laundry
Vocational-help put away the groceries or food after a meal	Wellness-make a card for someone	Communication-Give someone a call either using a phone or Facetime	Kitchen- help wash down the counters or tabletops	Wellness-have a game night