

Activity Plans for Week 5

Please start the week with this video on COVID-19

<https://www.youtube.com/watch?v=IkbOawBbSZQ&feature=youtu.be>

Next watch this video from my friends Ashley and Cindy again, it is their new one.

https://www.youtube.com/watch?v=9GX_v9dL54k

Virtual Tours

1. Take a virtual tour of Sea World Orlando FL
<https://www.visitorlando.com/en/things-to-do/virtual-tours/seaworld-orlando>
2. Take a virtual tour of Legoland
<https://www.legoland.dk/en/accommodation/hotel-legoland/virtual-tour/>
3. Take a virtual tour of The National Aquarium in Baltimore
<https://aqua.org/media/virtualtours/baltimore/index.html>
4. How fun is a Panda Cam from the Atlanta Zoo—leave it on the screen so individuals can continue to look for the Pandas
<https://zooatlanta.org/panda-cam/>
5. Take a virtual tour of the Vatican Museum
<http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/tour-virtuali-elenco.1.html>

Elearning

1. BrainPop offers in-depth learning on topics across the curriculum for upper elementary and middle school students. Each topic includes videos, quizzes, related reading, and even coding activities. <https://www.brainpop.com/>
2. Breakout EDU uses online games to bring the fun of escape rooms to learning across the elementary curriculum. <https://www.breakoutedu.com/funathome>
3. Ken Burns documentaries. These are amazing historical documentaries on a variety of topics.

https://wisconsin.pbslearningmedia.org/collection/kenburnsclassroom/home/?utm_source=pfacebook&utm_medium=social&utm_campaign=kenburns_2020#.Xoyouka6P
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4. CNN I cannot encourage enough the use of this site on a daily basis to keep current events a part of the day. This one is perfect since it is only 10 minutes long and very update. I have also attached a couple of documents that you can use to review with individuals you are supporting.

<https://www.cnn.com/cnn10>

5. Simple Solutions: Activities that can be done in mere minutes! Topics include reading, science, social studies, study skills, and problem solving.

<https://simplesolutions.org/blog/>

Leisure

1. Great Christian Movies available free at <https://www.vidangel.com/>

2. Fun games for indoors

GUMMY BEAR CONTEST Materials Needed: Gummy bears, whipped cream, paper plates Space Required: A kitchen table # of Players: Unlimited Objective: Be the first person to retrieve all the gummy bears hidden within whipped cream using only your mouth, keeping your hands clasped behind your back

BALLOON BLOW Materials Needed: Balloons Space Required: Large open space # of Players: As many as you want, paired off into teams of two Objective: Keep a balloon from touching the ground the longest without making physical contact with the balloon

KNOCKDOWN Materials Needed: Plastic cups Space Required: A kitchen table # of Players: Unlimited Objective: Knock down a row of plastic cups the fastest using only your breath

Pyramid Stack Race Materials Needed: Plastic cups (36 per player) Space Required: Large table or floor space # of Players: As many as you can fit in the space available Objective: Be the first person to complete a pyramid stack with all 36 cups

3. Indoor Scavenger Hunt

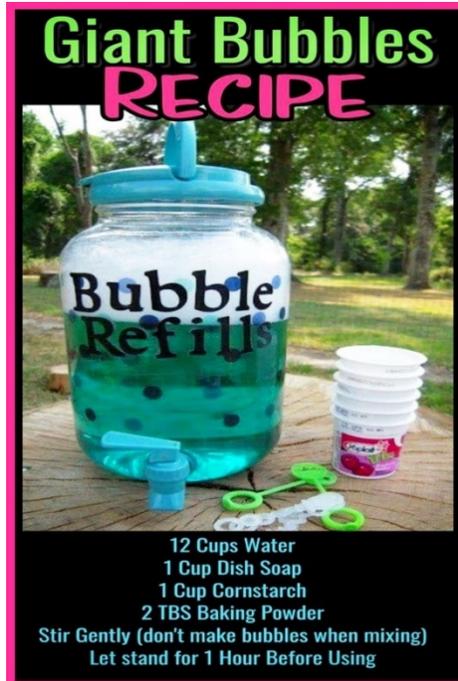


4. Word Search Puzzles: lots of word search puzzles and all of them are free. You can also create your own puzzles.
<https://thewordsearch.com/>
5. Laughter is the best thing during times like this. Watch Silent Slapstick Comedies. Make some popcorn and open some root beers and enjoy.
<https://www.youtube.com/playlist?list=PLbIZAKNG7qN1Kdpj1Pb4eDf-bZuKZf21>

Spring Fun Activities

1. Coffee filter butterflies
<https://masandpas.com/coffee-filter-butterflies-flit-away/>
2. Spring Science Activities
<https://www.growingajeweledrose.com/2013/03/spring-activities-for-kids.html>

3. Making Playdough with Peeps
https://www.123homeschool4me.com/best-peeps-playdough-recipe_98
4. I Spy Spring worksheet: print and give one to each person.
<https://www.papertraildesign.com/wp-content/uploads/2020/01/I-Spy-Spring.jpg>
5. Make a big batch of bubbles....be creative in how you create wands....if you don't have them



Movement:

1. Roll the Dice Movement Breaks materials attached to email
2. Fitness Bingo materials attached to email
3. Learn how to do the macarena <https://www.youtube.com/watch?v=OzV63IRR8BQ>
4. Health Matters exercise warm up <https://www.youtube.com/watch?v=LI0UCPRff98>
5. Can't Stop the Feeling seated aerobics
<https://www.youtube.com/watch?v=4zww0h9cHu0>

Reading through audio books

Little House on the Prairie audio book

Little House Big Woods

<https://tokybook.com/little-house-big-woods/>

Sensory and craft activities

1. Moon Dough



2. DIY wind chimes

<http://theinspiredhome.org/crafts-kids-diy-beaded-wind-chime/>

3. Koolaid playdough my favorite because it is so vibrant and smells amazing

<https://www.easypeasyandfun.com/easy-homemade-playdough-recipe/>

4. Make God's eyes with sticks and extra yarn

<https://www.artbarblog.com/ojo-de-dios-gods-eye/>

5. Use this time to plan ahead and make Christmas gifts. Glitter Yarn ball ornaments are so beautiful and fairly easy to do.

<https://onelittleproject.com/glitter-ball-yarn-ornaments/>