

Activity Plans Directions for Week 3

Sensory:

Day 1: Dish Soap Silly Putty <https://www.argofoodservice.com/recipe/Dish-Soap-Silly-Putty>

Day 2: Making Kinetic Sand <https://eatingrichly.com/kinetic-sand-recipe/>

Day 3: Fluffy Cloud Slime <https://tatertotsandjello.com/how-to-make-fluffy-cloud-slime/>

Day 4: Colored Spaghetti <https://www.messylittlemonster.com/2017/03/how-to-make-rainbow-spaghetti-sensory-play.html>

Day 5: Shaving Cream Bags: put a few drops of food coloring or paint in the bottom of a Ziploc baggie, add shaving cream, close bag and be sure to tape bag shut with something like duct tape. Each person can have a baggie and he/she can mush it around to get the sensory feeling while changing the color of the shaving cream. If needed, tape done to a table around all four sides and have the individual do it on a table or wheelchair tray.

Virtual Field Trips

Day 1: Statue of Liberty <https://www.nps.gov/featurecontent/stli/eTour.htm>

Day 2: Virtual Farm Tours <https://www.americandairy.com/news-and-events/dairy-diary/dairy-farming/virtual-farm-tours-while-youre-stuck-at-home.stml>

Day 3: Georgia Aquarium <https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

Day 4: Yellowstone Park <https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>

Day 5: Explore Mars <https://www.youtube.com/watch?v=P4boyXQuUIw>

Movement:

Day 1: Paper Plate Tennis



Day 2: UNO movement game-use a deck of uno cards to create an exercise activity. Flip over the card and do the number shown of these activities.

Red - Hop
Yellow - Stomp
Green - Twirl
Blue - Touch Elbows to Opposite Knees

You can always switch it up and create various activities to coordinate with the colors too.

Day 3: Fun exercises from a chair <https://www.youtube.com/watch?v=V4XW74W9t4o>

Day 4: Line Dancing instruction video <https://www.youtube.com/watch?v=uZXQuqPnp8g>

Day 5: Exercise program while quarantined
https://www.youtube.com/watch?v=AE_FeKpc_lk

Life Skills

Quarantined BINGO see attached Bingo board and print one for each person. Think of even having staff play too.

Harry Potter Events Day

1. Harry Potter books---this can be read to the individuals hpaudiobooks.club
2. Harry Potter Exercise Videos
<https://www.youtube.com/watch?v=TBGOZIZ2-DY>

<https://www.youtube.com/watch?v=fu-ZCwMrvKc>
<https://www.youtube.com/watch?v=oF3wu8mb8Yo>

3. Butterbeer Shakes recipe

Homemade Butterbeer Shake from Harry Potter

A wonderfully sweet drink that is super simple to drink. You will be slaying Basilisk's in no time.

Servings Prep Time
1 Serving 5 minutes

Ingredients

- 1 Cup [Vanilla Ice Cream](#)
- 2 Tablespoons [Butterscotch Syrup](#) One for the drink and one to top
- 1 Can [Vanilla Cream Soda](#)
- [Whipped Cream](#) to taste

Instructions

- Place a large glass in the freezer for at least an hour.
- In a blender combine the Ice Cream and Cream Soda and 1 tablespoon of the Butterscotch syrup until thoroughly mixed.
- Pour into your chilled glass and add the whipped topping and Butterscotch Syrup on top.

4. Harry Potter Virtual Escape Room

https://docs.google.com/forms/d/e/1FAIpQLSfINxNM0jzbZJjUqOcXkwhGTfii4CM_CA3kCxImby8c3AABEA/viewform

5. Harry Potter Trivia card game there are easy, medium and hard questions.

<https://drive.google.com/file/d/1E3NJEsk7Azm339SmvADpCuKrResvE-Ya/view>

6. Harry Potter bingo game <https://www.papertraildesign.com/free-printable-harry-potter-bingo-game/>

Broadway Plays link

https://www.insider.com/best-broadway-shows-you-can-stream-for-free-online-coronavirus-2020-3?utm_source=facebook.com&utm_medium=social&utm_campaign=sf-insider-main

5 full length concerts

<https://allarts.org/2020/03/5-full-length-performances-available-to-stream-for-free/>

Harry Potter coloring pages

<http://www.supercoloring.com/coloring-pages/cartoons/harry-potter>

Harry Potter Virtual Ride

<https://www.travelandleisure.com/attractions/amusement-parks/universal-studios-harry-potter-and-the-forbidden-journey-virtual-ride>