

In Home Activities Ideas

Contact Kris Leonard @ Kristine.leonard@bethesdal.org 920-988-9962 for any questions

Areas	Monday 3/16/20	Tuesday 3/17/20	Wednesday 3/18/20	Thursday 3/19/20	Friday 3/20/20	Saturday 3/21/20
Sensory Activities	Strawberry Play Dough	Leprechaun Snow	Shamrock Play Dough	Create sensory bottles	Fill a small tub or 13 X 9 pan with shaving cream, you can add food coloring Draw and write in the shaving cream	Do a spa day with foot soaks, polishing nails, lotions, hairdos
Virtual Field Trips	San Diego Zoo https://animals.sandiegozoo.org/live-cams Watch a different animal cam each day Look up more about each animal	San Diego Zoo https://animals.sandiegozoo.org/live-cams Watch a different animal cam each day Look up more about each animal	San Diego Zoo https://animals.sandiegozoo.org/live-cams Watch a different animal cam each day Look up more about each animal	San Diego Zoo https://animals.sandiegozoo.org/live-cams Watch a different animal cam each day Look up more about each animal	San Diego Zoo https://animals.sandiegozoo.org/live-cams Watch a different animal cam each day Look up more about each animal	San Diego Zoo https://animals.sandiegozoo.org/live-cams Watch a different animal cam each day Look up more about each animal
Life Skills elearning	cnn.com/cnn10 Write 5 things you learn about	Complete a puzzle on www.jigsawplanet.com	Play an interactive activity on www.gcfllearnfree.com/edlall One great area is the everyday life section	Read a short article or listen to a book on www.storylineonline.net	Play a math game on https://calculationnation.nctm.org/	Watch a cooking recipe on https://www.youtube.com Then make the recipe You may need to make a shopping list first
Life Skills Chores	Hand wash the dishes	Vacuum the floor	Make your bed	Clean out the vehicle	Put clothes and detergent in the laundry	Sanitize and wipe down the table and chairs
Life Skills	Play a card or board game	Go for a walk around your neighborhood	Look on Pinterest and find a craft to do	Practice writing/tracing your name/and or personal information	Write a letter or card to a relative or friend	Watch a movie and write a short review about the movie
Movement	GoNoodle Online	Exercise	Yoga	Freeze Dance Put on music and dance- When music stops, freeze	Dance Party	Zumba
Netflix Education shows	Planet Earth	Horizon: Secrets of the Solar System	Untold Histories of the United States	Food Choices	Brain Games	Amazing Hotels: Life beyond the lobby