

# Finding the Good SRB 2020

*Every good and perfect gift is from above, coming down from the  
Father of the heavenly lights,  
who does not change like shifting shadows.*

James 1:17 NIV

It has been said that one of the best ways to help others see through tragedy and fear is to focus on what is good. This does not mean we shouldn't first keep quiet and let people talk about their current situation or concerns. Not at all. Listening is vital to healing. Keeping your opinions to yourself during this process is key, even if it seems like a long process. But after some time, when it seems as if those around you are more receptive to some help, finding the good in the world can bring comfort and peace. Finding the good can help with clarity.

## **Finding the Good:** devotion time in the home

- We have had a rough time lately. Some of the things we normally get to do have been temporarily taken away. Some of us haven't been able to go to work. Some of us haven't been able to have visitors. Some of us have missed doing other things. What are some of the things you have missed doing?
- Even though you have been unable to do a lot of things, what are some things you have been able to do? Anything fun?
- Look around this room. Has anyone in this room done something nice for you?
- Look around this room. What are some good things you see in this room?
- Name some other good things God has made for us.
- We have learned, especially during this time, that the world changes. Things do not usually stay the same, especially over time. But one thing that does stay the same is God. God is the same yesterday and today; He will be the same tomorrow. God is where we find goodness. That will never change.

**Let's watch this music video.** As Kathryn is singing, look for all the things God has made good. <https://m.youtube.com/watch?v=6TX42dOgbfs>

—You're Good, Lord by Kathryn Scott

**Let's Pray:** Dear God, You are good and You make things good. Thank You for loving us. Help us remember You are always with us, especially when we feel afraid. Help us see the good things around us. Remind us to thank those who make a difference in our lives. Amen.

**Activity:** Make thank you cards. (p.2)



Directions:  
color, glue to colored  
paper or notecard,  
decorate, send to  
someone you care  
about!

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